

SHE CHANGES

A collection of Songs from Healing Circles by
Moving Breath

INVOCATION

Earth our Body (Traditional)
Ho Spirit (Chris Leja)
Spirit of the Wind (Traditional)
Evening Breeze (Traditional)

MOON

Neesa (Seneca tradition)
Moon, Sister Moon (Chris Leja)
Triple Goddess Chant (Peter Soderberg)

SONGS TO THE GODDESS

She's Been Waiting (Paula Walowitz)
Ancient Mother (Deena Metzger/Charlie Murphy)
We All Come from the Goddess (ζ BUdapest)
Hoof and Horn (Ian Corrigan)
Old and Strong (Naomi Littlebear-Morena)
Changing Woman (Adele Getty)
She Changes (Starhawk)

AFFIRMATION

Powerful Woman (Valerie Girard/Mujiba Cabugos)
Prayer for Compassion (Valerie Girard/Mujiba Cabugos)
Song of Remembrance (Valerie Girard)
The Light in the Mystery (Valerie Girard)
Heal the Mother (Valerie Girard)

SPIRIT MEDLEY

Ah-way-ya-hey (Mujiba Cabugos)
Spirit All Around Me (Mujiba Cabugos—music)
We Are the Flow (Shekkinah Mountainwater)
Rise With the Fire (Starhawk)

ANCESTORS

Hear me Calling (Chris Leja)
Old Ones Hear Us (Mujiba Cabugos)

OPENING THE CIRCLE

May the Love We're Sharing (Traditional)
Celtic Goddess Blessing (Traditional)

MOVING BREATH: Mujiba Cabugos, Valerie Girard,
Lorin Grean, JulieAnn Lewis, Chris Leja
Recorded live at Seven South Studios,
Santa Barbara, CA

SOUND ENGINEER: Steven Powell

GRAPHIC DESIGN: Tom Leja

All musical arrangements
by Moving Breath ©1991

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Santa Barbara, CA



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COVER: Chris Leja, Lorin Grean, Valerie Girard, JulieAnn Lewis, Mujiba Cabugos; PHOTO BY: Leslie Holtzman

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